

TRAVEL TO CANADA CHECKLIST

Please remember to pack the following items prior to travelling to Canada.

Mandatory Documents:

Before travelling, please contact [Border Information Service](#).

- ✓ [ArriveCAN](#) receipt (electronic or paper)
- ✓ 14-day Quarantine Plan, including confirmation of [mandatory 3-night hotel quarantine stopover](#), as well as address and contact information for secondary quarantine accommodation
- ✓ Valid passport with valid TRV (sticker within passport) or valid eTA (electronically linked to the passport)
- ✓ Valid study permit (returning student) or Letter of Introduction (first time coming to Canada as an international student)
 - ✓ *Please note, the initial study permit and coop work permit (if applicable) will be issued at the port of entry*
- ✓ Conestoga Letter of Acceptance if program has not started yet or Current Enrolment Letter if program has already started
- ✓ [Negative COVID-19 laboratory test result](#)
- ✓ Financial Documents that can be shown as evidence that expenses in Canada are covered (tuition fees receipts, bank statements, etc.)
- ✓ Documents showing academic progress such as an achievement report and/or completion letter (of any program(s) already completed in Canada), if applicable
- ✓ Bring a valid [immigration medical examination](#) results if the student comes from a [designated country or territory](#) (meaning a country or territory for which they are required). If the student is a medical student; a student in a health sciences field who will have placements in health care or home-care settings; an education student who will have placements in primary or secondary schools or teaching small children.
- ✓ Documents that show proof of temporary residence in Canada (returning students) such as; Canadian bank account, proof of rent, driver license, etc., if applicable
- ✓ Long-term housing information (address and contact information)

Health Care:

- ✓ Hand sanitizer and [non-medical face coverings \(masks\)](#)
- ✓ Medications (in original containers) and copies of prescriptions or doctor's notes (preferably in English)
- ✓ Prescription eye glasses and/or contact lenses
- ✓ Personal hygiene supplies

Other Essentials:

- ✓ Canadian currency for any immediate expenses and credit or debit cards
- ✓ Mobile phone and/or SIM card with charger and outlet converter
- ✓ Laptop computer with charger (as required by your program), outlet converter and wifi access
- ✓ Footwear and clothing suitable for all seasons (including cold weather essentials such as; a winter jacket, long sleeve shirts, sweaters, pants, boots, scarves, gloves, hats, etc.)
- ✓ Favourite comfort items (spices, pictures of friends and family, etc.)